

Council News

The Newsletter of the
Lake County Safety Council
Volume 12 - Issue 2
February 2007
www.councilnews.org

Sponsored by the BWC Division of Safety & Hygiene



**Did you send your
email address?**

Please send your email
address to:

mark@mentorchamber.org

EMPLOYEE HEALTH AND WELLNESS PROGRAMS, TRENDS AND ACTIVITIES DISCUSSED

The Regular Friday, February 16th Lake County Safety Council Program Presents:

Lavita Ewing, Lincoln Electric, and Chris Brill-Packard, Lake Hospital System, to discuss the issue of employee health and wellness programs.

Their Presentation Includes Information On:

- ⇒ The importance of employee wellness
- ⇒ A review of health/wellness trends
 - rising health care costs, work-related injuries, long-term disabilities, employee retention
- ⇒ Worksite health promotion programs and activities

TIME: Registration begins @ 11:15 a.m.
Lunch and meeting begin @ 11:30 a.m.

SITE: **Holiday Inn Express Hotel & Suites - LaMalfa** @ Route 2 and Heisley Road

RSVP: Call 440-255-0877 by Friday, February 9
To make your reservation

COST: \$18 reporting members, \$20 non-members

February Meeting Sponsor

Lake Hospital System

2007 LCSC Dates/Topics

Friday, Feb. 16th	Employee Health & Wellness Programs and Activities
Friday, March 30th	Workers' Compensation Legislation/Reform-Senate Bill 7
Friday, April 20th	Annual Awards Banquet @ LaMalfa— luncheon
Friday, May 18th	CEO Event- breakfast @ LaMalfa Cynthia Moore-Hardy, LHS
Friday, May 18th	Mold & Asbestos Safety and Awareness

BWC Safety Congress Offers Wide Menu of Classes at Cleveland IX Center

The Ohio Safety Congress and Expo is scheduled at the IX center on March 20 to 22. The theme is "extreme safety." Classes are designed to provide a flexible, customized, industry-focused approach. Sessions specifically designed for the highest level of safety and health professional are on Wednesday, March 21.

These include: **Auditing Safety and Health Management Systems (Advanced)** - those attending will learn management and quality assurance principles and the methodology to audit safety and health management systems; **Enhancing Back Injury Prevention With Personal Work Technique (Advanced)** - those attending will review the psychosocial and biomechanical factors that cause back problems and the role of ergonomics

See Safety Congress, Page 4

Would your company like to be a Lake County Safety Council Sponsor?

One of the many ways you can advertise with the Lake County Safety Council is to become a meeting sponsor. There currently are 2007 sponsor opportunities available:

- ⇒ Awards Banquet Sponsor \$395 limited to five companies
- ⇒ Monthly Meeting Sponsor \$195 limited to one company per meeting

The benefits of being a sponsor are:

- ⇒ Sponsor will be provided with an exhibit table located at the registration area or inside the door of the meeting facility.
- ⇒ Sponsor may set up signage and distribute literature, business cards, promotional items and other information from the exhibit table.
- ⇒ Sponsor may place one item of literature or business card at each place setting
- ⇒ Sponsor may collect business cards for a door prize drawing (prize to be provided by the sponsor)
- ⇒ Sponsor will be thanked on signage at the registration table
- ⇒ Sponsor will be recognized at the podium and introduced by the steering committee director
- ⇒ Sponsor may deliver a "three-minute commercial" to the meeting attendees from the podium.
- ⇒ Sponsor will be featured in the *Council News* the month they are sponsoring

**If you are interested in becoming a sponsor
please contact our office by calling 440-255-1616 or via email to - mark@mentorchamber.org.**

Thank You to February Meeting Sponsor

Lake Hospital System



**Lake Hospital
System**

Lake Hospital System Provides "One-Stop-Shopping" For Employers

Lake Hospital System's Occupational Health Department has multiple facilities to meet area companies' needs. The walk-in centers located in Willowick, Mentor, Madison and Chardon offer seven-day-a-week coverage with expanded hours of operations. LakeEast and LakeWest emergency rooms provide 24/7 injury care when the walk-in centers are closed.

Lake Hospital System is the optimum resource for occupational health throughout Lake County and the surrounding area. Lake Hospital System is a non-profit BWC Workers' Compensation provider for the BWC Drug Free Workplace Program. Lake Hospital System offers Employee Assistance Programs and referral services.

The system's Occupational Health Services group offers a full range of examinations, screenings, rehabilitation services and wellness programs to meet companies' health care needs.

Occupational Health Services include:

Twenty-Four Hour Injury Care	Drug & Alcohol Abuse Testing	Pre-Placement Physicals & WebCheck
Local MRO Services	DOT Physicals	Random Drug Pull Program
DOT Consortium	On-Site Mobile Audio Testing	Wellness Screenings & Programs
DOT Drug & Alcohol Testing	Random Substance Abuse Testing	Independent Medical Evaluations

For Companies: Occupational Health Services & Wellness Screenings/Programs are available on-site.....call Chris Brill-Packard@ 440-354-1933.



2007 Steering Committee

Council Director

Russ Thompson
City of Painesville, WCPC
440-392-6316

Council Secretary

Susan Pelcic
Willoughby Eastlake Public Library
440-943-2203

Council Director Elect

Dan Nichols
SFInc., Electrical Contractors
440-974-2900

Council Advisor

Michael Milroy
Lake County MR/DD
440-350-5051

Past Director

Bob Siktberg
Lincoln Electric
216-383-2141

Chamber Liaison & Editor

Marie Pucak
Mentor Area Chamber of Commerce
440-255-1616

Committee Members

Pablo Benz
Chemsultants International
440-352-0218

Scott Cole
Lake County Dept. of Utilities
440-350-5706

Mary Jo Drcar
STERIS Corp.
440-205-7635

Edward Hazel
Kucera International
440-975-4230

Rick McPeak
American Red Cross
440-352-3171

Nita Zidonis
Lake Cardiology
440-352-4956

Lake County Chambers of Commerce
440-357-7572

Friday, January 19, 2007 LCSC Meeting Attendees

A.J. Goulder Electric
Able Contracting Group
Accurate Metal Sawing
Active Plumbing
Advocare, Inc.
Aexcel Corporation
Allied Door Systems
Altercare of Mentor
American Controls
American Guard
American Red Cross
Animal Hospital, Inc.
Apollo Welding
Aqua Ohio
Arcola Building Company
Arcola Creek Nursery
AVID Construction
Beachwood Schools
Beech Technology Systems
Bescast
Bodycote Thermal Processing
Buffalo Wild Wings
Burch and Associates
BWC
Career Tech
Cast Nylons
Chardon Metal Products
Chem Development
Chemsultants International
City of Eastlake
City of Mayfield Heights
City of Painesville—Electric Plant
City of Painesville WPCP
City of Painesville—Water Department
City of Willoughby Hills
Classic Automotive Group
Cleveland Crystals
Clinical Health Laboratories
Com-Corp Industries
Commercial Siding & Maintenance Co.
Component Repair Technologies
Concord Township
Conn-Selmer
Core Systems
Cres Cor
Damon Morgan
DAI Ceramics
Davis Bakery
Dependable Cleaning Contractors
EA Group
Eltech Systems
Environmental Conditioning Systems
Equistar Chemical
Esco TT, Cleveland
Eye Lighting International
F & N Transporting
Food For Thought
Fredon Corporation
Gateway Manor
Gateway Retirement Community
Golden LivingCenter
Grande Pointe
Hambden Building Products
Haver Tyler
High Tech Performance Trailers
Highland Products
Hillcrest Ambulance
Honda of Mentor
HzW Environmental Consultants
Infinity Resources
Interlake Stamping
Kelly Services
Kemper House
Kennington Corporation
Kirtland Schools
Kline Construction Corporation

January 19, 2007 Meeting Attendees Continued

Kucera International
Lake Cardiology
Lake County Board of MR/DD
Lake Co. Council on Aging
Lake Co. Plating
Lake Humane Society
Lake Metroparks
Laketran
Lantern of Madison
Leroy Township
Libra Industries
Lincoln Electric
Madison Schools
Madison Township
Malish Corp.
MC Sign
McNeil Industries
McPhillips Plumbing & Heating
Mentor Area Chamber of Commerce
Mentor Lumber & Supply
Mentor Television
Mentor Way Nursing/Rehab
Mid-West Materials
Miltronics & Skye
Modern Employment
Modern International Graphics
Morley Library
Morton Salt
Neff-Perkins
North American Coating Lab.
Northcoast Lift Truck
NOVA Chemicals, Inc.
Omni Cart Services
Pace Engineering
Painesville Board of Education
Painesville Township
Perfection Corporation
Perry Joint Fire District
PET Processors
Polychem Corporation
Prefomred Line Products
Quality Assurance Supported Living
Radix Wire Company
Roberts Roofing
Roll-Kraft
Royal Plastics
RT & T Machining
Royal Plastics
Safety Controls Technology
Safety Solutions
Sawmill Building Systems
Sawyer Technical Materials
SFInc., Electrical Contractor
Stamco Industries
Stanley Steemer
Star Precision Products
STERIS Corp.
Stewart Lodge Healthcare
Sticker Corporation
Summerville at Mentor
The News-Herald
Trailer Component Manufacturing
Transfer Express
Trust Technologies
Universal Metal Products
Universal Screw Machine
V.L. Chapman Electric
Village of Waite Hill
Visiting Angels
Volk Optical
West Geauga Local Schools
Willo Security
Willoughby Eastlake City Schools
Willoughby-Eastlake Public Library
Willow Hill Industries
Wilson Mill Foods, Inc.

Safety Congress Presents Extreme Safety Sessions at IX Center on Wednesday, March 21

From Safety Congress, Page 1

Other programs include: **Low-Back Pain and Disability (Advanced)** - those attending will review scientific evidence examining the causes of low-back pain; and **The Working Back (Advanced)** - those attending will learn about attempts to assess low-back pain disorder and the degree to which intervention can minimize risk.

Semi-Annual Reports DUE IMMEDIATELY

Reporting members of the Lake County Safety Council are reminded semi-annual report forms have been mailed. All reporting members are reminded that to qualify for the BWC discount the Lake County Safety Council will need semi-annual reports for the **2006 calendar year**, this includes both the July 1, 2006 through December 31, 2006 **and** the January 1, 2006 through June 30, 2006 report. If you have questions, call Mark @ 255-1616.

Meeting Reminder: Friday, February 16, 2007

Program Topic: Employee Health & Wellness Programs

Speakers: Lavita Ewing, Lincoln Electric & Chris Brill-Packard, Lake Hospital System

Location: Holiday Inn Express Hotel & Suites—LaMalfa

Cost: \$18 for Members, \$20 for Non-Members

Time: Registration 11:15 a.m.- Meeting & Lunch Begin @ 11:30 a.m.

Sponsor: LAKE HOSPITAL SYSTEM

Meeting Reminder: Friday, March 30, 2007

Program Topic: Workers' Compensation Legislation—Senate Bill 7

Speakers: Michael Bertsch—Moscarino & Treu & Dr. Patrick G. Bray—St. Vincent Charity Hosp.

Location: Holiday Inn Express Hotel & Suites-LaMalfa

Sponsor: NOVA CHEMICALS



Mentor Area Chamber of Commerce
6972 Spinach Drive
Mentor, OH 44060

Please remember to make a reservation. We appreciate it. The caterer does too. Thanks!